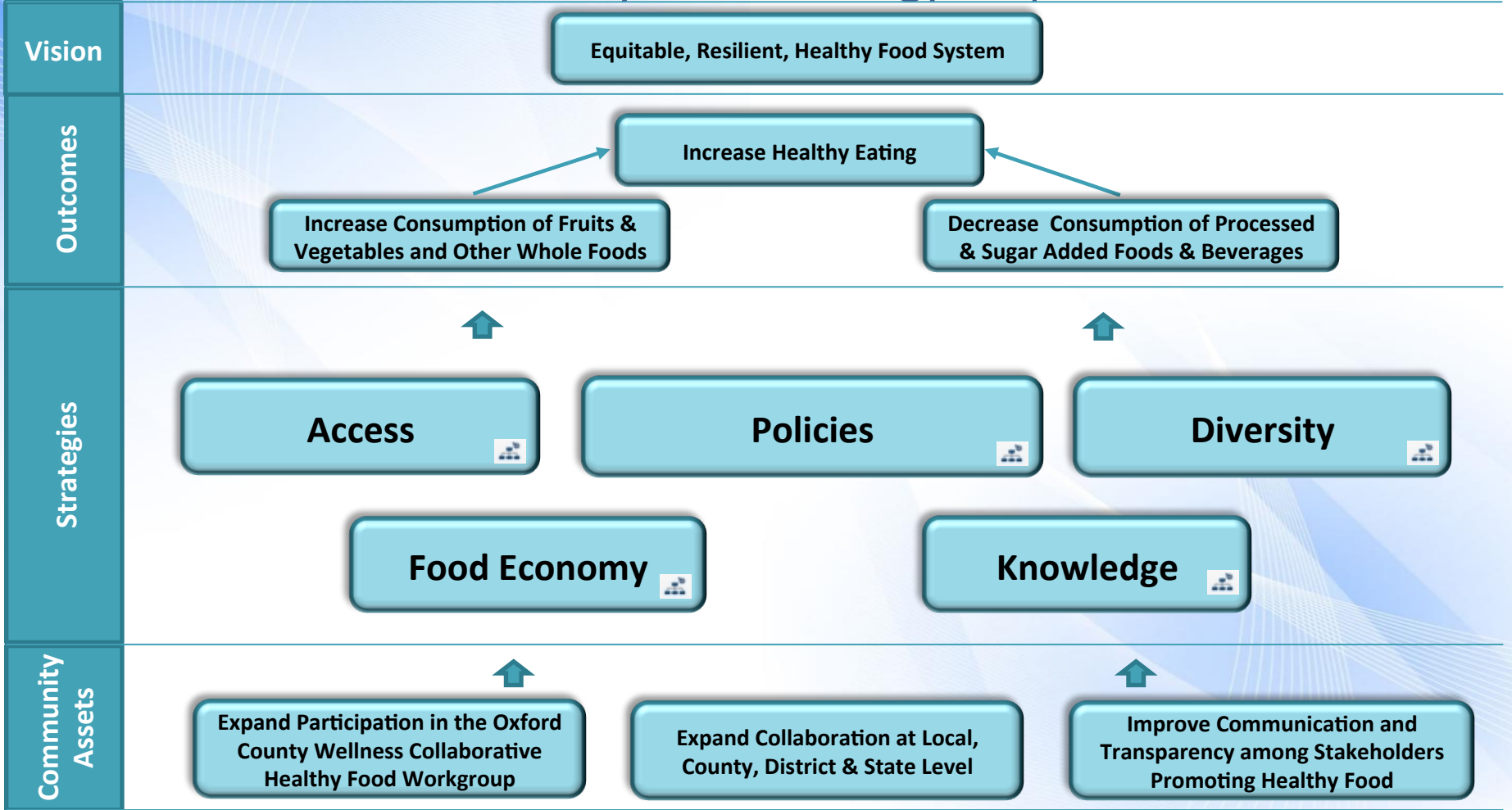


Healthy Food Strategy Map



Vision

Equitable, Resilient, Healthy Food System

Outcomes

Increase Healthy Eating

Increase Consumption of Fruits & Vegetables and Other Whole Foods

Decrease Consumption of Processed & Sugar Added Foods & Beverages

Strategies

Access

Policies

Diversity

Food Economy

Knowledge

Community Assets

Expand Participation in the Oxford County Wellness Collaborative Healthy Food Workgroup

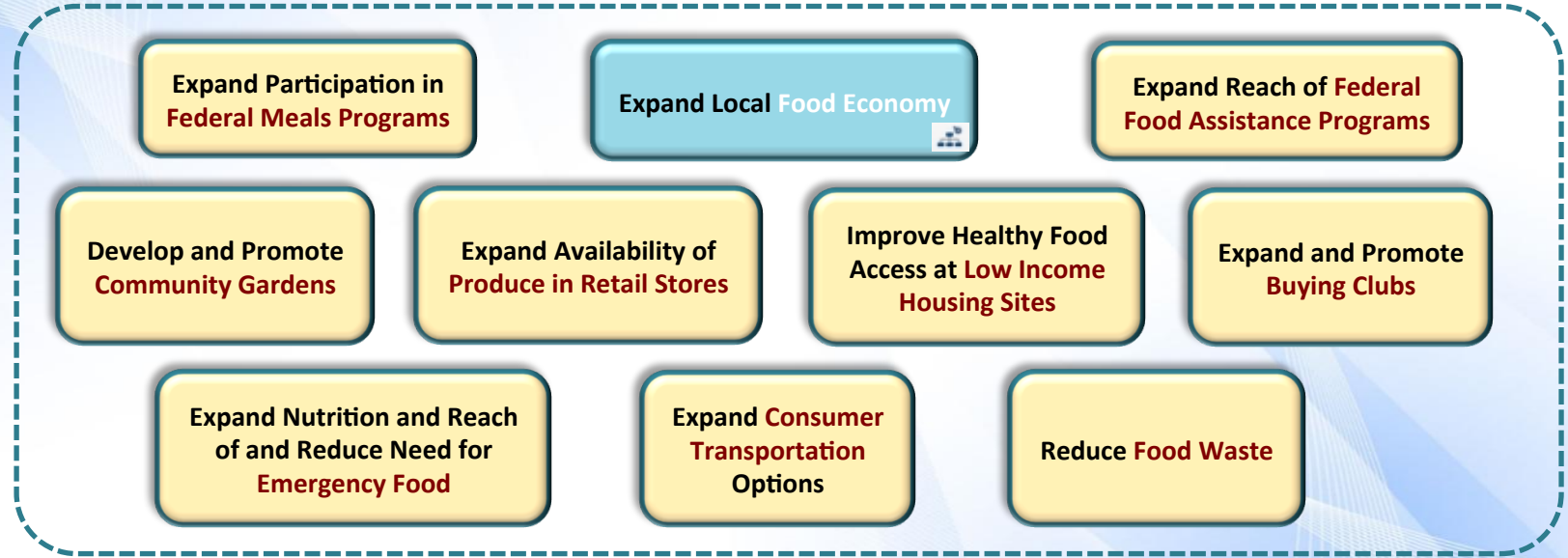
Expand Collaboration at Local, County, District & State Level

Improve Communication and Transparency among Stakeholders Promoting Healthy Food

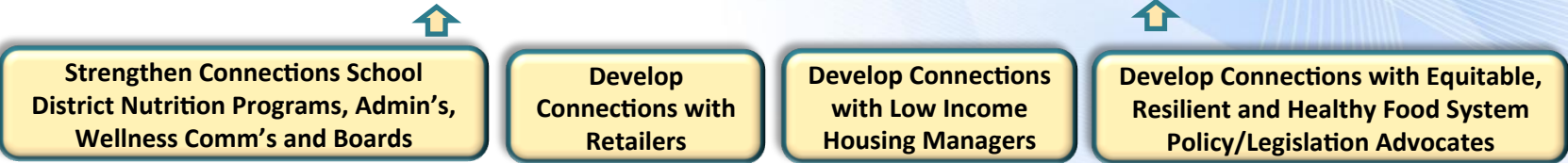
Healthy Food Strategy Map: Access



Improve Availability, Affordability & Access to Healthy Food



Strategies



Community Assets

Healthy Food Strategy Map: Policies



Improve Healthy Food Policies & Environments in Child Care, School, Out of School, Institution & Workplace Sectors

Expand **Child Care** Policy Development & Implementation

Expand **School** Wellness Policy Development & Implementation

Expand **Out of School** Policy Development & Implementation

Expand **Institution** Policy Development & Implementation

Improve Availability, Affordability & Access to Healthy Food

Expand & Deepen **5210 Let's Go!** Participation in all Sectors

Build Knowledge & Skills to Support Healthy Eating

Strengthen Connections School District Nutrition Programs, Admin's, Wellness Comm's and Boards

Develop Connections with Equitable, Resilient and Healthy Food System Policy/Legislation Advocates

Expand Reach of Worksite Wellness Roundtables

Strategies

Community Assets

Healthy Food Strategy Map: Diversity



Increase the Diversity of Participation in Local Food & Healthy Eating Programs



Expand and Strengthen Local Community Food Councils

Expand/Foster Youth Leadership Programs

Expand and Strengthen Participation in Community Gatherings



Build Knowledge & Skills to Support Healthy Eating



Expand Volunteer Base

Expand Participation in the Oxford County Wellness Collaborative Healthy Food Workgroup



Develop Partnerships with Funders

Strategies

Community Assets

Healthy Food Strategy Map: Food Economy



Expand Local Food Economy

Expand Local Food Production

Develop/Support Aggregation/Processing Hub

Develop/Support Distribution System

Expand Local Markets

Expand Technical Assistance, Resources & Support for Farmers

Expand Composting

Expand Local Food in Federal Meals Programs

Increase the Demand for Local Food

Preserve Farmland

Expand Equipment Infrastructure

Expand Local Food in Federal Food Assistance Programs

Build Knowledge & Skills to Support Healthy Eating

Increase Connection with MOFGA & Maine Farmland Trust

Develop Partnerships with Funders

Strengthen Connections School District Nutrition Programs, Admin's, Wellness Comm's and Boards

Strengthen Connections with Institution Nutrition Programs

Strategies

Community Assets

Healthy Food Strategy Map: Knowledge



Build Knowledge & Skills to Support Healthy Eating



Expand Nutrition Education

Expand Cooking Education

Expand Gardening Education

Expand Food Preservation Education

Expand Wild Food Education



Expand 5-2-1-0 Messaging

Expand Food System Education and Exploration in Schools, Youth Programs and Community Groups

Expand Community Meals, Workshops & Presentations



Expand Connection to Healthcare Providers

Strengthen Connections School District Nutrition Programs, Admin's, Wellness Comm's and Boards

Strategies

Community Assets