

MEHAF

MAINE HEALTH ACCESS FOUNDATION

Community-Based Initiatives Learning Community Meeting

Access to Quality Care

Healthy Communities

Thriving in Place

9:00 a.m. – 3:00 p.m. • May 24, 2016

Maple Hill Farm; 11 Inn Road; Hallowell, Maine

9:00 - 9:30	Registration and Breakfast (<i>The Gathering Place</i>)	
9:30 - 9:45	Welcome, Agenda Overview, Updates (<i>The Gathering Place</i>)	Program Officers, MeHAF
9:45 - 10:30	Person-Centered Health Beyond the Dr.'s Office: Working with People You Didn't Know You Liked (<i>The Gathering Place</i>) Dr. Nielsen will lead an entertaining and instructive presentation on the importance of leadership and common passion and motives in collaborative efforts. Collaboration and compromise for the benefit of consumers is central to multi-disciplinary efforts to provide coordinated care that help people be healthy in their communities. She'll share tips on how to build relational connections, since most influences on health occur outside of the health care industry.	Dr. Marci Nielsen, PhD, MPH; CEO, Patient-Centered Primary Care Collaborative
10:30 – 10:40	Questions and Answers	
10:40 - 10:55	Break	Networking
10:55 – 12:25	MORNING WORKSHOPS; <u>Workshop A: Trust, Relationships, Healthy Skepticism, and Questioning</u> (<i>The Gathering Place</i>) This workshop will dive deeper into the practical strategies for being a good collaborator and advocate in multidisciplinary/multi-sector partnerships. Dr. Nielsen will share techniques to improve collaborations and ideas on when to be the “healthy skeptic” in the group. <u>Workshop B: What Communities Tell Us about the Impact of Opioid Addictions</u> (<i>The Gallery</i>) Carol Kelly will summarize the results of almost 20 community forums she has facilitated across the state for the Maine Opioid Collaborative. Over 1500 participants have shared how opioid addiction has impacted their families and communities, and what	Dr. Marci Nielsen, PhD, MPH; CEO, Patient-Centered Primary Care Collaborative Carol Kelly; Consultant, Pivot Point, Inc.

	<p>they believe is working and what's needed to better prevent and treat addiction, support law enforcement efforts, and to help community members in recovery.</p> <p><u>Workshop C: Goal Setting and Monitoring Progress</u> <i>(The Carriage House)</i></p> <p>This workshop will guide participants through proven techniques for documenting collaborative goals, strategies, actions and corresponding outcomes and measures.</p>	<p>Michelle Mitchell; Partnerships for Health</p>
12:25 - 1:25	<p>Lunch with Open Space Discussions <i>(The Gathering Place)</i></p>	<p>Networking</p>
1:25 - 1:30	<p>Transition to Afternoon Sessions</p>	<p>All</p>
1:30 - 3:00	<p>AFTERNOON PEER SHARING SESSIONS;</p> <p><u>Session A: Moving from Planning to Action</u> <i>(The Gathering Place)</i></p> <p>A panel of Healthy Community Grantees will discuss how they are maintaining and building the momentum of their project development and using small tests or pilots to inform their plans for action.</p> <p><u>Session B: Social Model Adult Day Center</u> <i>(The Gallery)</i></p> <p>Two TiP communities will discuss their experiences establishing a social model adult day center, and reasons for not opening a medical model center. SeniorsPlus has worked on its project for a couple years, while Aroostook County is just getting ready to open a center. Viewpoints from both stages of development will be shared.</p> <p><u>Session C: Partnering to Get the Word Out: Internal and External Communications</u> <i>(The Carriage House)</i></p> <p>The Healthy Peninsula Thriving in Place has a unique partnership with the local newspaper and media corporation, Penobscot Bay Press. PBP assist with publicity efforts, coaches on best practices of communications, and has led efforts to develop information-sharing platforms for the partners. Learn about their innovative approach, share your own experiences, and bring questions relevant to your project's communication needs.</p>	<p>Bill Primmerman, Alan Duplessis; Jackman-Aging in Place Jamie Comstock, Sara Yasner; Greater Bangor Healthy Communities</p> <p>Jeanne Thorvaldsen; Executive Director, Rangeley Health & Wellness Diana Nadeau; TiP Project Director, Aroostook Area Agency on Aging</p> <p>Janet Lewis; Executive Director, Healthy Peninsula Nathaniel Barrows; Publisher and Editor, Penobscot Bay Press</p>